



School District U-46
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Tony Sanders, Chief Executive Officer

U-46.org

2018 Wellness Incentive Program

All active employees who participate in any of the three School District U-46 health plans (PPO, Gold + H.S.A. or Silver + H.S.A.) may participate in the Wellness Incentive Program.

Employees who reach 100% completion in Rally Rewards will qualify to receive a \$260 incentive. Employees who have a spouse on the health plan who reaches 100% completion in their own separate Rally account will also qualify to receive a separate \$260 incentive, for a total possible incentive of \$520.

School District U-46 will receive quarterly reports from United Healthcare. Incentive payments for those reaching 100% completion in Rally Rewards will be made approximately 2 months after the end of every quarter.

Instructions for tracking wellness activities in the Rally health and wellness portal:

- Employees and their spouses must register separately on www.myuhc.com.
- Once you are logged into www.myuhc.com, select Rally.
- Employees and their spouses must open their own separate Rally accounts.
- Once logged into Rally, take the health survey. Even if you completed the survey in the past, you will be prompted to complete the survey again for this new incentive period. When you finish that survey, it will give you a "Rally Age." The health survey is worth 30% of the points you will need to reach 100% completion.
- If you go to the Rewards tab, it will show a "Program Preview" with a percentage of completion.
- Click on "View Full Program" to see all the options you have for earning points.
- At the top of the screen, you will see your "Total So Far" with a percentage.
- You will also see a listing of "Available Activities" with the corresponding percentages you can earn by doing each activity. Activities will vary by age and gender of the participant.
- At the bottom of the screen, it will list your "Completed Activities" and the percent you earned for each one. If you took the Health Survey when you first logged in, you should already see the 30% awarded for doing this activity.
- If you have done any other activities since 1/1/18, you will see those listed here, too. For example, if you had a preventive physical since 1/1/18, you would see an award of 40% completion for that activity.
- You and your spouse both need to each reach 100% completion by 12/31/18 to qualify for the 2018 incentive.
- Children on the plan do NOT need to do wellness activities.
- The Benefits staff cannot see your current percent completion. UHC will forward reports at the end of every quarter, so please check your Rally Rewards tab to view your current percent completion.

Please email questions to Benefits@u-46.org.

For technical support with the Rally portal, call 877-818-5826.